

Yellow Pennant

(RYA Dinghy stage 1)

Has knowledge of:

Wind direction

Understands:

Effects of the basic boat controls

Basic principles of stopping, controlling speed and getting out of irons

How to prepare for a tow

What action to take to help those in distress

Importance of staying with a capsized boat

Local hazards

Personal safety and knows what to wear for sailing (including head and footwear)

Can tie:

Figure of eight knot

Cleat a halyard

Can:

Put on personal buoyancy correctly

Assist with rigging a boat

Name the basic parts of the boat (i.e hull, mast, rudder, tiller, centreboard/daggerboard, sheets etc)

Launch a single hander and get under way with instruction

Assist with recovery and stowage of dinghy and gear

Call for assistance

Can paddle or row (with sprit, paddle or oars)

a. Paddle around a course

b. Paddle and use a daggerboard

c. Paddle and use daggerboard and rudder

Can be a responsive crew under instruction

Steer when sailing and when being towed

Do a tacking land drill

Steer a straight course when sailing

Steer reach to reach and go about (reach to reach)

Is confident in water wearing personal buoyancy

Secure boat to a trolley