

Green Pennant

(RYA Dinghy stage 3)

Has knowledge of:

Spring and neap tides
Where to find out tidal information
The basic rules of the road - port/starboard, windward boat and overtaking boat

Understands:

The basic terminology used afloat (windward, leeward, bear away, luff up)
All points of sail and the no go zone
How a sail works, basic aerodynamic theory
The importance of personal safety equipment
Basic safety equipment e.g. anchor, paddle, bailer
Boat buoyancy
The Beaufort wind scale
When to reef
How to read a tide table
Lee shore dangers and sailing in close company with other water users
Advice to give to inland sailors for coastal sailing
The dangers of hypothermia and the importance of first aid training
The course and starting procedures for racing
The importance of clear communication afloat
How to recover a man overboard

Can Tie:

Bowline
Clove Hitch
Rolling Hitch

Can:

Obtain and interpret a weather forecast
Reef a dinghy ashore according to weather conditions
Rig, launch and recover in an offshore wind
Sail backwards from a pontoon in an offshore wind
Demonstrate the 5 essentials whilst sailing on all points of sail on a triangular course
Tacking upwind, sail close haul to close haul checking the luff
Sailing downwind and gybe from a training run
Come alongside a moored boat
Prepare for and take up a tow from a power craft
Pick up a mooring
Pick up a multiple tow
Gybing land drill
Be scooped in during a capsize recover in a crewed dinghy
Right a capsized dinghy as helm and crew
Bail and sail effectively after a capsize
Store a dinghy ashore
Apply basic IRPCS (International Regulations for Prevention of Collisions at Sea)