

Blue Pennant

Has knowledge of:

Basic racing, the course and starting procedures.

Understands:

The basic terminology used afloat
All points of sail and the no go zone
How a sail works, basic aerodynamic theory
The Beaufort wind scale
The importance of clear communication afloat
Basic rules - port /starboard, windward boat and overtaking boat
The importance of personal safely equipment

Can Tie:

Cleat a halyard
Round turn and two half hitches
Reef knot
Bowline
Figure of eight

Can:

Identify the kite mark / CE label
Rig, launch and recover in an offshore wind
Sail on all points of sailing on a triangular course
Demonstrate good use of the 5 essentials: Balance, Daggerboard, Course, Sail, Trim
Do a gybing land drill using the tiller extension
Sail an upwind downwind course.
On the downwind leg gybing from training run to training run
Get out of irons
Stop a boat by lying to
Demonstrate good speed control
Sail backwards away from a pontoon in an offshore wind
Prepare for and take up a tow from a power craft
Right a capsized dinghy efficiently bail out and sail on
Store a dinghy ashore

