

# **YELLOW PENNANT**

**(RYA Stage 1)**

## **HAS KNOWLEDGE OF**

Wind direction

## **UNDERSTANDS**

Effects of the boat controls

Basic principles of stopping, controlling speed and getting out of irons

How to prepare for a tow

What action to take to help those in distress

Importance of staying with a capsized boat

Local Hazards

## **CAN TIE**

Figure of eight

Cleat a Halyard

## **CAN**

Put on personal buoyancy correctly

Understands personal safety

Understands what to wear for sailing, including head and footwear

Assist with rigging a boat

Name the basic parts of a boat

Launch a single hander and get under way with instruction

Assist with the recovery and stowage of dinghy and gear

Call for Assistance

Can paddle or row

a) paddle around a course

b) paddle and use a daggerboard

c) paddle and use a daggerboard and rudder

Can be a responsive crew under instruction

Steer when being towed

Do a tacking land drill

Steer a straight course when sailing

Steer reach to reach and go about

Is confident in water wearing personal buoyancy